



PREFACE

In 1982 the Kodokan celebrated the 100th anniversary of its foundation. The Kodokan planned a number of activities and enterprises to commemorate that anniversary, the principal one being the construction of the Kodokan International Judo Center which, after two years of work, is due to be completed in late March of this year. A grand ceremony marking the 100th anniversary of the foundation of the Kodokan and the completion of the new building is slated for April 27.

Volume VI of the "Bulletin of the Kodokan Association for Scientific Studies on Judo" is a commemorative issue marking the 100th anniversary of the Kodokan. We are pleased to be able to bring you this Bulletin which has grown world-wide in scope and is intended for the benefit of students of Judo. The Bulletin covers Judo education, research into Judo, and the propagation of Judo as developed by the Kodokan.

Professor Jigoro Kano founded Kodokan Judo in February 1882 and built the Kodokan in May of that year. Since then intense research into Judo has been continuously carried out. Besides working for the propagation of Judo both in Japan and internationally, a great deal of effort has gone into determining the technical and philosophical aspects of Judo; that is, Judo as physical education and the principles of Judo as being adaptable to life in society. The ideals of Judo have been the fulfillment of the individual, mutual benefit, world peace, and happiness for all humanity.

The Association for the Medical Study of Judo was established in 1932. Following the death of Professor Kano, the Association was renamed the Association for Scientific Studies on Judo in 1948, the goal of which was basic, specialized research into Judo, not only medically, but also in terms of education, psychology and physiology. The Association was further designed to promote interchange between researchers from many countries.

The articles in the present issue report on the studies and findings of seven research groups of the Association for Scientific Studies on Judo. These outstanding papers are presented in both English and Japanese for the benefit of non-Japanese researchers.

In closing, we are proud to publish in this issue the articles of these researchers whose understanding of and commitment to Judo are profound. I sincerely hope that this issue will prove of value and significance to students of Judo everywhere, for whose continuous support I express my deepest appreciation and gratitude.

January, 1984
Tokyo, Japan

Yukimitsu Kano
President,
The Kodokan.