

CONTENTS

Preface	Risei Kano (President, The Kodokan)
Studies on Jigoro Kano—Significance of His Ideals of Physical Education and Judo— ..	(1)
<i>M. Maekawa (Tokyo University of Education)</i>	
<i>Y. Hasegawa (Ministry of Education)</i>	
Survey of Actual Conditions of Judo Training in Various Countries	(13)
<i>Y. Matsumoto (Tokyo University of Education)</i>	
<i>T. Kawamura (Tokyo Gakugei University)</i>	
Physical Fitness of the Top Judoists in Japan (1961)	(23)
<i>T. Sasa, T. Shinozuka, and N. Kato, (Tokyo Medico-Dental University)</i>	
<i>Y. Matsumoto, S. Ogawa, S. Morita, and K. Akutsu. (Tokyo University of Education)</i>	
<i>M. Ikai, T. Ishiko, J. Yamakawa, and T. Asami. (University of Tokyo)</i>	
<i>K. Tomiki (Waseda University)</i>	
<i>K. Suzuki (Nihon University)</i>	
Physical Fitness of the Top Judoists in Japan (1962)	(35)
<i>T. Sasa, T. Shinozuka and N. Kato (Tokyo Medico-Dental University)</i>	
<i>Y. Matsumoto (Tokyo University of Education)</i>	
<i>M. Ikai, T. Asami, and M. Kaneko (University of Tokyo)</i>	
Studies on Judo Techniques with Respect to Distribution of Body Weight	(45)
<i>Y. Matsumoto (Tokyo University of Education)</i>	
<i>T. Yanagita (Seitai-Kyokai)</i>	
<i>Y. Sato (Gakushuin University)</i>	
<i>T. Asami (University of Tokyo)</i>	
Studies on “Kansetsu-waza (Armlock)”	
(1) Introduction of “Kansetsu-waza”	(53)
<i>Y. Matsumoto (Tokyo University of Education)</i>	
(2) Roentgenographic Studies on “Kansetsu-waza”	(59)
<i>K. Suzuki (Nihon University)</i>	
(3) Physiologic Studies on “Kansetsu-waza” with Special Reference to the Reaction of the Nervous and Muscular Systems.	(67)
<i>M. Ikai (University of Tokyo)</i>	
<i>T. Asami (University of Tokyo)</i>	
<i>T. Sasa (Tokyo Medico-Dental University)</i>	
(4) Studies on “Kansetsu-waza” with Special Reference to the Reaction of the Circulatory and Respiratory systems.	(87)
<i>S. Ogawa, K. Akutsu and Y. Matsumoto (Tokyo Univ. of Education)</i>	
Electromyographic Studies on the “Nage-waza” (Throwing Techniques) of Judo.	(97)
<i>M. Ikai, T. Asami and M. Kaneko (University of Tokyo)</i>	
<i>T. Sasa (Tokyo Medico-Dental University)</i>	
<i>Y. Matsumoto (Tokyo University of Education)</i>	
Physiologic Studies on “Choking” in Judo—Studies on “Choking” with Reference to the Hypophysio-Adrenocortical System—	(107)
<i>S. Ogawa, and K. Akutsu (Tokyo University of Education)</i>	
<i>R. Sugimoto, H. Saiki, Y. Ikawa, and M. Tsuboi (Tokyo Jikei-Kai Medical School)</i>	