



## PREFACE

Thanks to the untiring efforts of the members of the Association for the Scientific Studies in Judo, the third issue of the "Bulletin" has been published. The first issue of the "Bulletin" was published in 1958 followed by the second issue in 1963. These publications are compilations of the results of assiduous scientific research in Judo, and undoubtedly have contributed greatly to the development of the sport. Although the contents of these "Bulletins" are of a purely scientific nature and may not interest the general reader, fundamental studies such as those presented in the "Bulletin" are indispensable to the proper development of Judo, and I am convinced that although outwardly plain and modest, this scientific aspect is one of the most important of the various undertakings of the Kodokan.

From the viewpoint of classification of sports, Judo falls under the category of grappling sports, however, it is closely related in many respects to other sports and from the standpoint of sports medicine there are many points of common interest with other sports, and it is only natural that the "Bulletin" is highly valued by scientific researchers in other sports. On the other hand, there are investigations which are peculiar only to Judo, for example, the scientific study regarding "choking" in Judo is unrelated to other sports, and for that matter, an accurate and thorough study becomes all the more necessary. Results of investigations dealing with "choking" in Judo were published in the first and second issues of the "Bulletin". In 1965, at the International Convention of Sports Medicine which was held concurrently with the Fourth Meeting of the World Judo Championship Tournament in Rio de Janeiro, Brazil, Prof. Yoshizo Matsumoto, representing Japan, presented a paper dealing with the scientific study of "choking" in Judo made jointly by the Japanese members of the "Association". This presentation not only aroused the interest of the Brazilian members of the "Association" many of whom are also concerned with boxing, but also drew worldwide attention. In June 1967, I received a letter from Dr. Koiwai, chairman of the Judo Federation of America, requesting a reprint of the paper on "choking" presented at the above mentioned conference in Rio de Janeiro. Dr. Koiwai is a pathologist and had been asked to lecture at the Conference of the American Medical Association on the medical aspect of Judo. Mr. Gleeson, national Judo coach of England also requested us to send him the "Bulletin". When Prof. Dr. Kl. C. Wildt visited the Kodokan he was greatly pleased when the "Bulletin" was presented to him. It gives me great pleasure when I consider the fact that the fruit of intensive research by the members of the "Association" has received such worldwide acclaim.

Finally, I wish to thank the members of the "Association" for their kind co-operation, and wish them success in their untiring efforts to further the understanding of Judo.

Risei Kano  
President, the Kodokan