

2023 KODOKAN SUMMER COURSE II

Techniques, lecture, randori, shiai

- 1. Objective** The main purpose of “Summer Course II” is to strengthen participants through practice and to provide them with various explanations and practical training. We want participants to establish basis as well as brushing up favorite techniques, and furthermore, to learn new techniques. We are looking forward to active participation of university students, high school students, junior high school students and other young people.
- 2. Date** From July 24 (Mon) to July 28 (Fri) for 5 days
- 3. Course & Level**
 - Course A: from 1st dan to 3rd dan
 - Course B: 1st kyu or below
 - Course C: Junior high school students
- 4. Eligibility**
 - Aged 13 or over and up to 3rd dan
 - Please ask Education & Instruction Department about the possibility of acceptance if you don't meet the above requirements.
 - All participants must be members of Kodokan. (Membership fee 8,000 JPY)
- 5. Fee** 6,600 JPY per person
Payment should be completed in advance via a payment link we will send by e-mail
- 6. Insurance** Kodokan does not provide any type of insurance. You are required to take out adequate insurance before leaving your home country. Kodokan will not be responsible for any injury or loss or damage to your property.
- 7. others**
 - (1) Participants are required to show their Kodokan membership cards at the reception counter in order to check attendance every day.
 - (2) Kodokan can't be a sponsor for any visa application.
- 8. Application form** <https://forms.gle/Xq1g6GmGsCAjNYpo8>
 - (1) All fields followed by an asterisk must be filled in.
 - (2) Please attach a photocopy of your passport.
- 9. Deadline** Applications close on July 14 (Fri), 2023

SCHEDULE

9:30		9:40		10:30		11:30		12:00		14:00		15:00		15:30		16:00		16:30		17:00	
July 24 (Mon)	Opening	Lecture	Nage Waza (Basics)			Lunch Break	A	Training Methods	Nage Waza			Randori									
							B C	Nage Waza													
July 25 (Tue)	Nage Waza			Randori	Nage Waza		Lesson by a Special Instructor & Randori														
July 26 (Wed)	Katame Waza (Basics)			Randori	Katame Waza		Lesson by a Special Instructor & Randori														
July 27 (Thu)	Katame Waza			Randori	Katame Waza (Combination Techniques)		Lesson by a special instructor & Randori														
July 28 (Fri)	Nage Waza (Combination Techniques)			Randori	Nage Waza & Katame Waza (Review)	Randori		Wrap-up & Closing													